

The Fresh Arts Festival

Fri 18 - Sat 19 Sep 2015

11am - 6pm



Free

Southmead Hospital,
Bristol, BS10 5NB



Artists, musicians, dancers and choirs will join patients, staff and visitors at Southmead Hospital Bristol during a two-day arts festival to celebrate the role that creativity and the arts play in supporting health and wellbeing.

Fresh Arts is the arts programme managed by North Bristol NHS Trust. Further information and a full programme of events can be found at www.fresharts.co.uk

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Southmead Hospital Bristol
Fri 18 - Sat 19 September 2015
Free

Take part in an uplifting and inspiring programme of free events and activities which will bring a smile to your face.

Highlights include:

Foot-tapping **live music** for patients on wards and pop-up choirs in public areas

Free drop in **workshops** in origami, calligraphy and woodworking

Performances from the Concorde Wheelchair Dancers in the hospital atrium



"I thought it was a fantastic event; so inspiring. The festival brought a real sense of community to the hospital and was so beneficial for patients. It was like breathing soul into the building."

Sue Jones, North Bristol NHS Trust

Director of Nursing describing last year's festival

A **giant knitted installation** created by dozens of local knitters 'will surprise and delight visitors'

A japanese '**washi tape**' installation will cover the walls with pictures and patterns



Add your own **woodcarving** to our new artwork, created with Alistair Parks

Tour the new hospital to find out more about Fresh Arts, the hospital's ongoing arts programme



All events and activities are free and open to patients, staff, visitors, families and local residents. No booking is necessary, apart from the tours; just turn up and take part.

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